

April 14, 2020

Dear BAAC Members and Friends,

We are aware that this is a particularly difficult time for everyone, but especially for families with children with disabilities. Several national organizations and technical assistance centers that support states with their programs for children with disabilities have been compiling high-quality materials with information and guidance that can be useful for service providers, families, and individuals with autism. Below we provide links to these webpages:

National Resources:

- [Early Childhood Technical Assistance Center \(ECTA\)](#) – Information and resources specific to IDEA Part C early intervention and Part B 619 preschool special education
- [National Center for Systemic Improvement \(NCSI\)](#) – Federal and state guidance specific to IDEA Part B, K-21
- [Autism Speaks](#) – Find COVID-19 information for families, adults on the spectrum, educators, and health professionals; virtual events related to COVID-19; COVID-19 resources in different languages; and ongoing advocacy news and efforts
- [Autism Society of America](#) – Autism Society’s response to COVID-19, including a COVID-19 Toolkit that covers topics on mental health & respite, modifying routines, lifestyle supports, education, public policy, and Facebook Live: Coronavirus Information Series

California:

- [California Department of Developmental Services \(DDS\)](#) – DDS provides links to general information about COVID-19 and resources. Use this link to get more information from your individual Regional Center.
- [California Department of Education \(CDE\)](#) – CDE provides information on California’s response to COVID-19, including Governor Newsom’s executive orders and guidance from the California Department of Health (CDPH). Other resources include [special education guidance](#), [mental health support for students](#), and [early learning COVID-19 guidance](#).

SF Bay Area:

- [Stanford Neurodiversity Project](#) – Resources to support neurodiversity wellness and mental health during COVID-19, including tips for mindfulness and managing stress and anxiety
- [UCSF Center for ASD & NDDs](#) – Curated list of resources to help individuals stay healthy, schooling at home and building new routines, stay-at-home activities for kids, coping, and accessing services and resources
- [Children’s Health Council](#) – COVID-19 resource library with tips for online teaching, ideas for virtual field trips, and supports for families and parents